



News Release

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Gold Medal Schools Adds Web Page for Parents

New resource is just a click away

(Salt Lake City, UT) – The Utah Department of Health’s Gold Medal Schools (GMS) program is coming to parents via the Internet. Beginning today, parents will be able to access a page designed especially for them as a resource to incorporate GMS ideals at home.

The GMS Web site already contains information for schools, mentors and coordinators, and has been a highly-visited site since its inception back in 2006.

“It’s our goal to provide information to parents 24/7,” said GMS Program Coordinator Sarah Rigby. “Our hope is that the healthy behaviors students are learning at school through the GMS program won’t stop when the school day ends,” she added.

Parents will find healthy recipes, great ideas for physical activities families can do together, articles on tobacco prevention, and a host of other health-related information. The page will be updated frequently so parents can always find the latest advice and tips.

The mission of Gold Medal Schools is “Creating opportunities for students to: Eat healthy, Be active and Stay tobacco-free.”

To access the GMS Parent Page visit <http://www.hearhighway.org/gms/parents.html>.

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The mission of the Utah Department of Health is to protect the public's health through preventing avoidable illness, injury, disability and premature death, assuring access to affordable, quality health care, and promoting healthy lifestyles.